

# NVC Resolutions Coaching and Counselling

Contributed by nvcresolutions  
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Anna Finlayson and Daren De Witt of NVC Resolutions can offer you support with a range of different issues.

Click on a link below for more information:

## Workplace Coaching

This page contains information on the coaching service we offer for individuals and small teams in organisation and businesses.

## Individual Counselling

This page contains information on the support we can offer you with any personal issues that may be troubling you.

## Anger Management

This page contains information on anger management support for individuals.

## Relationship Counselling

This page contains information on our relationship counselling service.