

Conflict Resolution, NVC and Communication Skills Training for Schools

Contributed by nvcresolutions
Thursday, 17 May 2007
Last Updated Sunday, 01 June 2008

Training for Schools

We provide conflict resolution training for primary and secondary schools, for pupils and teachers. We also provide communication skills training, including active listening, for students and teachers. Our most popular programme, in both primary and secondary schools, is Peer Mediation. To go to our Peer Mediation page click on the Peer Mediation link in the menu bar above.

Scroll down or click below to read about the following programmes:

[Peer Mentoring Scheme](#)

[Class training in Conflict Resolution](#)

[Teacher Training in Conflict Resolution](#)

[Midday Supervisors Training in Conflict Resolution](#)

[Nonviolent Communication sm training for Schools](#)

Peer Mentoring:

How it works: The emphasis with peer mentoring is on one to one interactions, with older students mentoring younger ones and sharing their experience with them. Student mentors may link up with a particular class, which they visit regularly to build a friendly relationship with pupils so that the younger pupils will trust them and go to them for support. As with mediation, student mentors may be available on a rota basis during lunchtimes, or may make specific arrangements to meet pupils from their allotted class on a given date / time.

No of pupils: This is dependent on the size of your school - 12 to 20 pupils is common. In large schools the scheme can be rolled out each year to another group.

Training: The peer mentoring training that we deliver is similar to peer mediation. Nonviolent Communication forms the

basis of the listening and communicating skills taught to student mentors. The length of the training can be 3 or 4 days in total.

Themes: establishing facts; listening for feelings; getting to student's needs; encouraging solutions without giving advice; exploring common difficulties in the school; exploring basic conflict dynamics. Pupils will work with a peer mentoring script.

A room and a committed coordinating member of staff are required!

Class Training in Conflict Resolution:

We offer conflict resolution training for students in class groups. In primary schools this may be in the format of circle time sessions of roughly 30 mins duration. In secondary schools it may take the form of tutor group class sessions or whole day trainings for groups of students. As well as conflict resolution, we also teach active listening skills for students at both primary and secondary levels.

Themes include:

- Exploring pupils personal responses to conflict
- Understanding and transforming anger
- Exploring feelings and needs for pupils

- Active listening skills
- Resolving conflicts with other students

Teacher Training in Conflict Resolution:

We offer training for teachers as part of a peer mediation scheme, or separately, to support teachers conflict resolution practice in the school. A basic training programme for teachers involves 2 or 3 twilight sessions, or 1 to 2 inset days.

Themes include:

- What conflicts are present in the school?
- Exploring teachers' personal responses to conflict.
- The iceberg of anger - hurts, fears and needs under anger.
- The Nonviolent Communication (NVC) model, incorporating: making non-judgemental observations; expressing and connecting with feelings and needs; making clear, do-able requests.
- Basic mediation training for dealing with conflicts between pupils (and adults, too!)

Midday Supervisors training in Conflict Resolution:

Midday Supervisor conflict resolution training can take the form of a fuller course of 3 or 4 x 3 hour sessions duration, exploring conflict resolution in detail, or one 2 or 3 hour session to familiarise playground or lunchtime supervisors with a Peer Mediation scheme.

3 or 4 week course exploring:

- Mapping the playground / exploring danger spots for pupils.
- Nonviolent Communication skills.
- Basic mediation training - resolving conflicts between pupils.

2 or 3 hour session to support peer mediation scheme, exploring:

- The iceberg of anger - hurts, fears and needs under anger.

- Familiarisation with mediation process and scheme.

Nonviolent Communication Training for Schools:

We can support your school or college to integrate Nonviolent Communication into the teaching and learning styles of staff and pupils. Contact Daren to discuss how we might do this.

Contact Us:

For more information on any of these trainings for teachers or students contact Daren at NVC Resolutions. You'll find contact details and an on-line enquiry form at the top right of this page.

[top](#)